

Montessori Sports

MONTESSORI SPORTS FUNDAMENTALS

Course brochure



Accredited by Association Montessori Internationale (AMI)



Montessori Sports Fundamentals Certificate Course (online)

Course description	This online course will help you to acquire the basic knowledge on how to integrate sports into Montessori environments across all planes of development.
Duration	You have a one-year access to this online course. *All course updates will be accessible to you during this year.
Workload	The total workload of this course is 40 hours. The course is prerecorded, so you can do this course at your own pace and in your own time.
Course topics	<ul style="list-style-type: none">0. Introduction<ul style="list-style-type: none">I. WelcomeII. Outline and objectivesIII. About Ruben JongkindIV. About Patrick OudejansV. About Heidi Philippart1. Montessori and Sports<ul style="list-style-type: none">I. Who was Maria Montessori?II. Montessori educational philosophyIII. Montessori versus traditional educationIV. The history of sportsV. About movement and sportsVI. Analysis of sports in Montessori2. The importance of sports in contemporary society<ul style="list-style-type: none">I. Sports as a point of interestII. Benefits of sportsIII. Why do sports in Montessori?3. Systems of sports education<ul style="list-style-type: none">I. Traditional Sports educationII. Montessori Sports education4. Movement development<ul style="list-style-type: none">I. The approach to movement and sports across the planes of developmentII. The Montessori Sports Model5. Preparing the sports environment<ul style="list-style-type: none">I. Principles of the prepared sports environmentII. Prepared sports materials6. The Role of the adult in the sports environment<ul style="list-style-type: none">I. The prepared adultII. The role of the adultIII. Observations and record keepingIV. Lesson planning7. Conclusion and evaluation

Learning outcomes

After you've completed this course you:

- Understand the connection between sports and Montessori education across all planes of development.
- Understand how sports will contribute to overall child development across all planes of development.
- Have acquired basic sports skills to present to the children.
- Are able to prepare Montessori sports environments.
- Are able to guide Montessori sports sessions.
- Are able to conduct observations on children during the sports sessions.

Assignments

You will receive the following assignments to complete each chapter:

- Questionnaires
- Practice own sports skills (send in videos)

You can upload all these assignments on our online course platform. The Montessori Sports team will evaluate your assignments.

Your final assignment is a presentation of a sport activity to a group of children or an individual child. Besides this you have to write a paper in which you explain how the Montessori theory applies to that activity.

Certification requirements

In order to obtain the Montessori Sports Fundamentals certificate all assignments need to be checked and approved* by the Montessori Sports team. After the assignments are approved, the participant will receive the certificate by email.

*If the assignments are not approved, the participant needs to complete an alternative assignment that we will send by email.

